

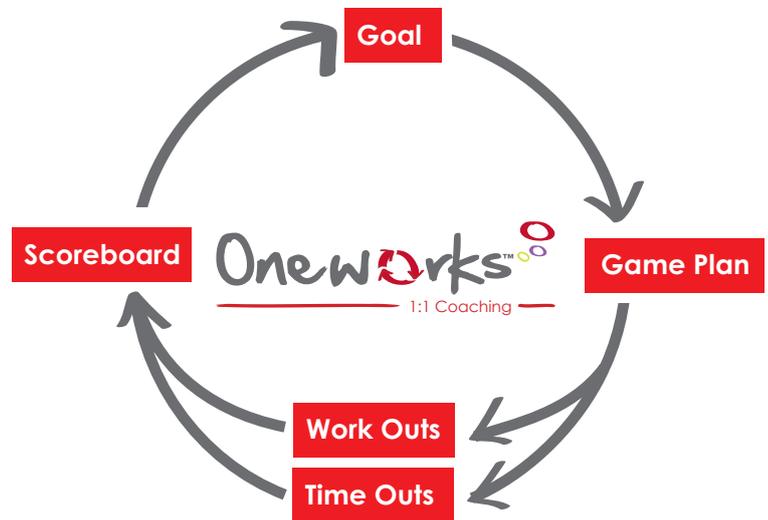
Oneworks™

1:1 Coaching

What is it?

Oneworks is a powerful 1:1 coaching programme for leaders who want to set their sights higher and to think and act in new and creative ways to achieve their goals. It helps people to get clear on what they are there to do and to work effectively to deliver the results that they want.

Delivered by an experienced Wild Thinking coach, sessions are structured around you, your goals and your key priorities.



How does it work?

A Oneworks coach takes you through the following steps:

Step 1 - Scoreboard

"Where am I now?" A combination of feedback from colleagues and personal reflection, giving you the insights you need to focus your development and benchmark progress.

Step 2 - Goals

"What do I want?" We work with you to create goals that challenge and focus you – big, wild goals that quicken the pulse as well as concrete, tangible goals that keep you organised and on track for success.

Step 3 - Game Planning

"How will I make it happen?" What is my strategy and what exactly am I going to do?

Step 4 - Work Outs and Timeouts

Coaching sessions to focus on specific areas important to your development.

How long does it last?

Oneworks programmes are built up from 2 hour coaching sessions. A programme consists of a minimum of 3 sessions, up to a maximum of 12.

Why is it right for your team?

At different points in a career, an external coach can add real value to a person's development. With its focus on insights, goal setting and structured development, Oneworks takes 1:1 coaching to a new level of effectiveness. If you want coaching that works, try Oneworks!

